

**Having a mental  
health crisis?**

**Not sure where  
to turn?**

**Call our free and confidential helpline\*:**

**0808 8003302**

**LEICESTER,  
LEICESTERSHIRE  
AND RUTLAND  
CRISIS HELPLINE**

**RICHMOND  
FELLOWSHIP**   
**MAKING RECOVERY REALITY**

## Crisis support

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New services have opened in Leicester, Leicestershire and Rutland to give people easier access to support and guidance when they experience a mental health crisis.

If you're in crisis then you can now get help by calling or emailing our new helpline or visiting one of our face-to-face services.

## Our new helpline

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Our new helpline provides telephone support, guidance and signposting to other services. If needed, our team can also arrange access to face-to-face support.

Our helpline is open seven days a week from **2pm-1.30am**.

Just call our Freephone tariff number\* :  
**0808 8003302**.

All calls to our helpline are completely confidential and won't appear on itemised bills.

Alternatively you can contact the helpline by emailing: [Leicestershire.Helpline@RichmondFellowship.org.uk](mailto:Leicestershire.Helpline@RichmondFellowship.org.uk)

\* Special Freephone tariff numbers always begin '0808 80' and calls are free on landlines and the following mobile networks: 3, EE, o2, orange, T Mobile, Virgin Mobile and Vodafone. Some other mobile networks also offer free calls to numbers with the 0808 80 prefix but these are not guaranteed and you should check with your provider.

## Our new face-to-face service

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We also run a face-to-face service if you feel you need additional support.

- Box Tree Farm, 5 Main Street, Ratby, LE6 0JG: **8am-8pm, seven days a week (booked drop-in)**
- Apex House, Charles Street, Leicester, LE1 1FB: **10am-5pm, Thurs/Fri (open drop-in)**
- The Centre Project, Granby Street, Leicester, LE1 1EB: **10am-10pm, Sat/Sun/Mon (open drop-in)**



# About RF

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**Richmond Fellowship** is one of the biggest voluntary sector providers of mental health support in England.

Our focus is on providing high quality services to the **9,000 people** we help each year. We offer a wide range of housing, care, employment and community support across more than **120 services**.

# Working in partnership

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We're providing our services in partnership with NHS Leicestershire Partnership NHS Trust.

Leicestershire Partnership   
NHS Trust

# Contact us

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To find out more about the support we can provide, contact us on:

**T: 0808 8003302**

**E: [Leicestershire.Helpline@RichmondFellowship.org.uk](mailto:Leicestershire.Helpline@RichmondFellowship.org.uk)**  
**[www.richmondfellowship.org.uk](http://www.richmondfellowship.org.uk)**